

# Stewards of the Coast and Redwoods

Preservation through Education and Restoration in  
Russian River Sector State Parks

Volume XXI, Number 3, Fall 2006



## Storytelling at our Annual Membership Meeting!

The Stewards Annual Membership Meeting will take place on October 28, 2006 this year. We are looking forward to sharing with you some history about the lands that now belong to the State of California in the Russian River District. These lands that we all cherish were once inhabited by the Kashaya Pomo, Russians, ranching families, other prominent local residents, as well as timber companies. There is a rich and diverse history that we are learning more about and want to interpret to those who visit our State Parks.

The festivities will begin at 10:00 am at the Volunteer Center at Armstrong Redwoods State Reserve. A potluck picnic lunch will take place at noon in the group picnic area. Stewards will provide bio-degradable plates & utensils, and beverages. The annual meeting will follow with a short report on Stewards' accomplishments and some local updates from our legislators. We will also honor the legacy of Pauline and John Gilbert for their contributions as the founders of the Volunteer Program at Armstrong Redwoods.

### Mission Statement

*Stewards of the Coast and Redwoods (Stewards) works in partnership with California State Parks to protect and interpret the natural and cultural resources of the Russian River Sector of the North Bay District.*

### State Parks Supported

*Armstrong Redwoods State Reserve  
Austin Creek State Recreation Area  
Sonoma Coast State Beach  
Willow Creek Watershed*

### Stewards of the Coast and Redwoods

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### Remembering Pauline Gilbert

11/20/1914 to 8/12/2006

*Diane Barth*

It's hard for me to think about Pauline without also remembering John Gilbert; they came as a pair when I met them in the mid 1980s.

Pauline had fascinating blue eyes that were so penetrating and curious. She was John's partner in life and very much his equal intellectually. When John died Pauline gave me the honor of helping her with a very personal obituary. That day I learned so much about both of them and their love for nature, people and each other. Pauline made my task easy as she was very precise in the wording to describe her life partner. Her love, affection and admiration for this giant of a man was unwavering. She described their early academic life in Southern California and their move to Sonoma County where they carved out a new life full of creative adventures and new associates.

At Armstrong Redwoods they found a significant opportunity. Together with Clark Nattkemper and Rangers Dale Haskins and Chazz Potthast they set about to create a volunteer organization to lead interpretive tours, document the park flora and fauna, and to establish a visitor center. Working with Pauline, John and Clark was pretty intimidating for me. With little scientific background, I was in the shadow of giants. All three stood heads above me. In spite of this, they encouraged my participation and praised the work I was able to assist them with.

*Continued on page 2.*



### DATES TO REMEMBER

October 7	Dinner at the Bay	p. 7
October 14	Oyster BBQ Paddle	p. 7
October 27	Willow Creek Hike & Spa Treatment	p. 7
October 28	Annual Membership Meeting	
November 4	Whale Watch Training	p. 4
December 1	Annual Volunteer Celebration	

## Board Members

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*Diane Barth*

## Contributors

*Ranger Dave Horvitz*  
*Bea Brunn*  
*Norma Jellison*

## EXECUTIVE DIRECTOR'S MESSAGE

*Michele Luna, Executive Director*



Our warm fall weather has arrived as we leave the busy summer months behind us. Everyone is so excited about the successful Old Grove Festival that took place a few days ago. What an amazing night filled with wonderful music and clear starlit skies. Many in attendance reflected back on the last time they had enjoyed the redwood theatre, some at their own weddings and other similar events. Others who were experiencing the ambiance of the theatre for the first time were mesmerized by the exquisite venue. It's hard not to start planning next year's events right away, which will include ironing out the minor wrinkles. There is no time for that now however, as we have another new major fundraiser ahead and the Annual Membership meeting to plan. Not to mention new Eco-Adventures, Whale Watch training, and the Annual Volunteer Celebration.

### Dinner at the Bay - October 7

Some of you will be surprised by this high dollar affair. With the help of Jackie Martine and Melinda Montanye from the Seaweed Café, State Park Archeologist Breck Parkman, and professional photographer Jerry Dodrill, we have put together an evening that will be just as memorable as the Old Grove Festival. The presentation will be inspirational and the food and drink will feature some of the best cuisine and wine in Sonoma County. At \$200 per ticket \$150 will be tax deductible. We hope those of you who can afford to will come.

### New Eco-Adventures

Stewards has now officially entered into our contract with EcoRing and we have put together the first of many new Eco-Adventures. (See page 7.) There will be a charge for these events that will include some exciting amenities such as a BBQ oyster lunch and Spa Treatments. Stewards will also continue to offer docent-led hikes seasonally at no charge.

### Annual Volunteer Celebration - December 1

This year the Annual Volunteer Celebration will take place on December 1, 2006. Mark your calendars for this anticipated thank you dinner for our dedicated volunteers.

*Hope to see many of you at these events before the end of the year.*

## *Special Thanks to our Old Grove Festival Sponsors*

### **Exchange Bank - Redwood Canopy Sponsor**

#### **Heartwood Sponsors:**

#### **Sonoma West Times and News and Cresco Equipment Rentals**

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Darrell the Tree Climber, Frank Howard Allen, Guerneville Graphics, RR Realty, RR Getaways

#### **Wildflower Sponsors:**

*Russian River Times, West County Gazette, Russian River Chamber, KGGV 95.1, Russian River Monthly*

## Remembering Pauline Gilbert

*Continued from page 1.*

But, it will always be that morning I spent with Pauline that I will cherish the most. She was so grateful that John had passed so peacefully. Their love was as strong and respectful as any relationship I have encountered. She wanted everyone to know what a wonderful life they had shared. She went on, for many years after John's death to continue the work they started at Armstrong. Her energy will always be with us.

Years later, when I first got a scanner, Pauline gave me John's extensive and well-organized slide collection. It contains some incredible images of Sonoma County. It is now in the possession of Stewards of the Coast and Redwoods. It is time to revisit this collection and remember both John and Pauline and their important contributions to the formation of our organization. Without them, their precise scientific knowledge, love and affection of the area, and strong belief in the power of ordinary people and their ability to create an incredible volunteer organization, Stewards would not be what it is today.

Many stories will unfold now about Pauline Gilbert. I think many of us have held back in respect for her privacy. I feel she would want us now to gather and to share them with each other.

## CAL REPORT

Ranger Dave Horvitz, Cooperating Association Liaison

After undergoing several contortions and evolutions during the past six years the Russian River District is once again a stand alone district. Last year, if you recall, we were still combined with the Marin District and called the North Bay District. This year the organizational lines reformed creating the Marin and Russian River Districts. This alleviates logistical issues of being one large district. We are all breathing a little easier now.

Ultimately this does not have much bearing on our daily routine as we go about our duties. It is simply nice to have a historical perspective of our identity.

In other news our district now has a new superintendent as of August 1, 2006; a big welcome to Todd Thames who joins us from Sacramento after performing a variety of duties and serving in parks ranging from the State Capital to Millerton Lake State Recreation Area. Todd has kept himself busy learning the district, staff and volunteers as well as being briefed on various projects and issues. The current model, as defined by Sacramento, will have our district hiring two additional superintendents which will provide needed support to field staff.

Some of you may have noticed that the greenhouse in the Armstrong Redwoods SR front lot is missing. The structure has not been used for several years since the re-vegetation project within the grove has been completed. The greenhouse has been donated and is now being used at the Guerneville Elementary school for their garden program. Coordinators of the program tell me the children have been eating rutabagas grown from the school garden. It is hard to think of a better use for the greenhouse then to promote children eating rutabagas.

I think we all agree that the Old Grove Festival was a wonderful success. I thank our planning team for doing a great job and we are pleased by the many positive comments from the sold out crowd. Special thanks to Kathy Dupler and Jim Ocean for their guidance and support and to Jim Bray for his volunteer management.

Last but not least, an unusual wildlife sighting occurred this summer when numerous hikers reported seeing a very large bird on the East Ridge Trail within Armstrong Redwoods SR. Staff thought this was a strange phenomenon when one visitor said he thought it was an ostrich. One of the park neighbors's had an emu that escaped when several deer pushed the gate down to get to the emu food. The bird traveled up the East Ridge Trail from the picnic area and was quite the conversation piece for several days within the park.

Sonoma County animal control stated that emus normally live in flat areas and are not accustomed to going down hill. They tend to go up till they can go no higher then remain at that location until they figure out how to get down. Attempts to herd the bird down hill were not successful and the emu followed an easier route. He is still at large. If seen please inform park staff who will get in touch with his owners.

### Proposition 84: Clean Water, Parks and Coastal Protection Bond

On November 7, 2006, California residents will have an important opportunity to preserve and protect our state's precious natural resources by voting YES on Proposition 84.

Current funding for water quality, natural resources and environmental protection programs is critically low. Less than 1% of the overall state budget is spent on natural resources. The lack of funding will cause significant and widespread problems for all Californians, ranging from the safety of our drinking water supply to the most basic conditions of our parks, bays and coastline.

Proposition 84, a \$5.4 billion bond measure slated for the November 2006 statewide ballot, would provide critically needed funds to ensure the availability of safe drinking water and preserve California's natural landscapes, including parks, forests, lakes, rivers, beaches, bays, ocean and coastline.

[www.cleanwater2006.com](http://www.cleanwater2006.com)

### Measure F: Clean Water, Open Space, Agriculture

The Sonoma County Agricultural Preservations and Open Space District is up for renewal on the upcoming November ballot, hopefully to continue its good works in this county. A reauthorization for the 1/4 cent sales tax will be designated on the ballot as Measure F. Measure F will protect open space, clean water, family farms and our quality of life by protecting important rivers, streams, lakes and groundwater to preserve drinking water quality in our communities. It will preserve beaches and coastal lands, conserve natural areas and open space, including those where children can be educated about nature and wildlife conservation. It will also preserve working farms, ranches, orchards and vineyards. Protecting fish and wildlife habitat, as well as oak woodlands, grasslands and redwood forests to improve air quality are all benefits of Measure F. It will protect natural and scenic areas from growth and development.

[www.friendsofsonomacounty.org](http://www.friendsofsonomacounty.org)

### 2006 Event Sponsors

Adobe Creek Golf Club  
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Village Inn  
R. Villegas & J. Pearson  
Windsor Golf Club  
**Wineries - See page 6**  
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World of Carpets  
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## MAJOR DONORS

### Foundations

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*California Coastal*

*Conservancy*

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\$500 or more

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*Warren & Janis Watkins*

*Charlotte and Arthur Zitrin*

*Foundation*

## WHALE WATCH

*Bea Brunn, Whale Mother*

This is a quiet time for Whale Watch. Hopefully most of our Gray whales are now up in Alaska eating all they can, fattening up for their long migration to Baja again this fall. We have had some reports of dolphin sightings both off Bodega Head and Salt Point so the whales are still out there.

On Sunday, August 27th we had our annual boat trip to the Farallon Islands and boy did we have a gorgeous day for it. Unfortunately there were only three of us Whale Watchers who signed up and all we can say is that the rest of you really missed a great day. We started off with high overcast, no wind and the water as flat as I have ever seen it in all my years on the ocean. On the way out we had several groups of sea lions playing around the boat. We then had several Harbor porpoises and later on several groups of Risso's dolphins. At the island we had a bonus sighting this year - several Tufted puffins in full plumage all in the water and very close to the boat. Our first whale sighting of the day was a Minke whale which just showed itself one time but clearly enough for everybody to see. From the islands we first took off going south but changed course when the skipper heard of whale sightings up north. We then saw Humpback whales and had at least one group of five who looked like they were feeding close to the surface, so we saw backs and several flukes. We saw humpbacks several times so don't know if these were the same 5, or other groups of them. The skipper then wanted to go out beyond the Continental shelf for the chance sighting of Blue whales but all we were able to see were more humpbacks. We finally returned to San Francisco Bay after a good 8 hours out on the beautiful calm sea — and for the first time that day, we encountered sunshine and wind. It was a most delightful day.

**I'm looking forward to seeing all "old" and "new" Whale Watchers for our Orientation on November 4<sup>th</sup> at the Bodega Bay Grange at 9:00 am.** We will get ready for another great season of whale watching!

**Norma Jellison also adds her comments from the boat trip.**

Not to rub it in or anything, but....

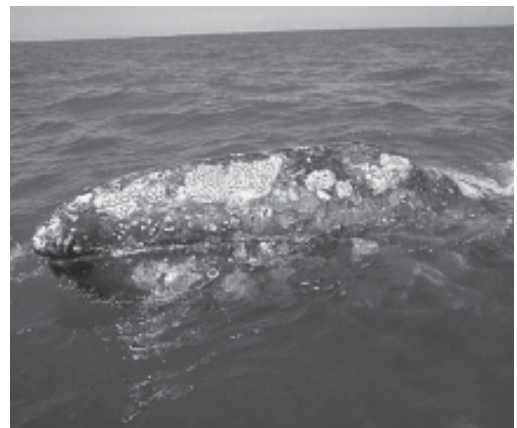
It was like glass out there, no wind and no waves. High overcast made for good visibility out about 2-3 miles from the boat. We saw lots of Harbor Porpoise, 1 Minke whale, 10 Humpbacks - in groups of 5 that split in to 3 and 2, and then a group of 4 and then a solo. All very close to the boat - paralleling it, you could hear the blows as they surfaced, see the barnacles and other ID patterns etc on the tails, lots of great fluke shots. They were very slow moving and stayed with us a long time - we were the ones to move on! At the Farallon Islands, besides being covered with Brandts and Pelagic Cormorants, W Gulls, Brown Pelicans, CA and Stellar Sea Lions, we had the treat of Tufted Puffins in full breeding plumage in the water right off our boat! In all we saw 10! Next up were 12-15 Risso's Dolphins - close with good views. We encountered tons of Sea Lions porpoising along in large groups in many locations in the ocean. Ditto tons of pelagic birds - above mentioned, plus Common Murres, Terns, Pigeon Guillemots, and lots of Sooty Shearwaters.

*Note: Please let us know if you want to be notified about this outing next year. Norma & Bea schedule the trip every August. If you're a "Whale Watcher" you don't want to miss this incredible trip next year....*

### BAJA WHALE WATCHING TRIP

A whale watching trip is in the planning stage for February 15 -21, 2007. The destination is San Ignacio Lagoon, Baja, Mexico. The duration is 5 days with two travel days. Space is limited to 24 people. Don't miss this up close encounter with the whales we see passing our coast on their migration to/from Alaska. If you are interested in receiving more information or to get your name on the list contact Gayle Peebles. Names on the list will be given preference.

Email [gayle4travel@aol.com](mailto:gayle4travel@aol.com) for booking information as soon as possible.



## HE'S BACK AGAIN!

Norma Jellison

One day the mouth of the Russian River is its usual tranquil estuary, where the river meets the sea and the Harbor Seals haul out. By summer, the pups are all weaned. While there is a Harbor seal presence at Goat Rock beach in Jenner for much of the year, the numbers fluctuate, and they do disappear for a short period in the fall. At the peak of the season, there can be 200-300 Harbor seals on the beach, although that is down from records of 500-600 in the 1990s (Twohy). Between the end of July and the middle of August, the number of Harbor seals more than halves - currently there are about 70-80.



Suddenly, one day – August 1<sup>st</sup> this year according to Elinor Twohy, our stalwart Seal Watch chronicler, he's baaack! He being R-I, the sub adult male Northern Elephant Seal. Dr. Sarah Allen, Senior Science Advisor, National Parks Service/Pt Reyes National Seashore, a marine biologist and pinniped expert, tagged R-I in August 2003. The photo, with the distinctive Goat Rock in the background, shows R-I, when he was tagged. Based on her observations, he appears to be about 7 years old this year. This should mean he'll be less aggressive than in the past two years, which is good news for the Harbor Seals.

R-I brings a different flavor to interpreting for Seal Watchers. Many people see the large lump from the overlook and venture down to walk the beach out to the river's mouth to see the spectacle a bit closer and ask the Seal Watch volunteers – what is that? Is it a giant sea lion, a walrus?

The E seal gives us the opportunity to compare and contrast Harbor seals (H seals) and Elephant seals (E seals). They are both phocids (earless seals), but there are many differences, besides the obvious one of size.

Harbor Seals (*Phoca vitulina*)  
4'-6" (Both sexes similar size)  
200-300 Lbs.  
Many Colors: Gray/Beige w/spots, Brown, Black  
Pups 10-20 Lbs. at birth

Northern Elephant Seals (*Mirounga angustirostris*)  
13'-18' (Cows 8'-10')  
3,000-5,000 Lbs. (Cows 800-1200 Lbs)  
Brown  
Pups 70 Lbs. at birth

R-I is here to molt. His coat becomes two toned as it sheds in large patches. Molting accounts for his long periods of lethargy. Occasionally he repositions or flicks sand on himself. From observation records kept by Elinor Twohy, he remains on the beach to molt about 40 – 44 days, leaves; then returns in December - like clockwork right around Christmas. For the winter/spring visit, he stays until about the third week in March.

Another contrast between H seals and E seals is the interactions between mothers and pups. H seals teach their pups to swim almost immediately after birth. There is much bonding, during the daily swims. As they get older, H seal pups follow their mothers on their nighttime foraging. The mother E seal, on the other hand, does not teach her pup to swim or to fish. Once weaned, the E seal pup is left by its mother on the beach. The female E seal swims off to sea to feed, having lost about 40% of her body weight fasting and nursing. The E seal weaner must then figure out how to swim and feed itself, before it heads off for its first time at sea. At weaning, the E seal pup is about 300 lbs. or roughly the same size as a large adult H seal.

As to the question, why is R-I the lone E seal on the beach, we are not sure. As a sub adult, sexually immature male, he seems to prefer this beach rather than those with other sub adult males at Chimney Rock and other Pt Reyes National Seashore colonies. There is some speculation that he might be scouting this beach to begin a new colony here. E seals are usually sexually mature at 7-8 years. Thus, this winter or next winter breeding season may tell the tale of whether R-I will try to establish a colony at Goat Rock Beach or return to Pt Reyes to try to form a harem there.

So, for now, Seal Watch volunteers have added E seal interpretation to their talks about the H seals, and will be watching to see what will happen to the Goat Rock Beach Harbor seal colony/rookery.

## How to Volunteer for VIP Programs

Call the Stewards office at 869-9177 or email, [volparks@mcn.org](mailto:volparks@mcn.org)

## Program Activities Armstrong Redwoods

Visitor Center Staffing  
FAR

Docent Tour Guides

School Program

Trail Maintenance

Habitat Restoration Project

Pond Farm Interest Group

## Sonoma Cst State Beach

Visitor Center Staffing

Seal Watch

Whale Watch

Tidepool Programs

Watershed Program

Sonoma Coast Citizen

Action Team (CAT)

## Other Projects

Recycling & Firewood

Office Help & Special Events

## Volunteer Program Coordinators

Joyce Bacci, ARVC

Lanny Keyston, AR Trails, FAR

Laura Parent, Pond Farm

Linda Fisher Jenner VC

Bob Caricato, Seal Watch

Bea Brunn, Whale Watch

John Cole, Recycling

Vacant, Willow Creek

Education

Bill Bambrick, Sonoma Cst CAT

The Sorensons, Marine Debris

Lisa Bacon, Tidepool Programs

## State Park Volunteer Coordinators

Ranger John Kolsrud,

Armstrong/Austin Creek

Ranger Tim Murphy,

Sonoma Coast State Beach

## NEW MEMBERS

### Patron \$200 plus

Lisa Brom  
Sarah Burkdoll

### Business \$100

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Ocean Discovery - M. Chow  
Christopher Queen Gallery

### Supporting \$100

Peter Catlin

### Contributing \$50

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Theodore & Carol Pappas  
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### Family

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Elizabeth & George Leite  
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Cecilia Osborn  
Pat and Bob Palmer  
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David Schaeffer & Brenda  
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Calvin & Susan Simons  
Curtis Tipton  
Bud Veliquette & Donald  
Martin  
Karen & Hannis Webb

### Individual

Mary Acton  
Elayne Azevedo  
Denise Bickert  
Blair Conklin  
Thomas Culp  
Marjorie Clark & Walter  
Kersey III  
Dianne Delfino  
Martin Edwards  
Audrey & Joaquin Espinosa

## EDUCATION PROGRAM STATISTICS

**Tidepool Education** - This year we had overwhelming requests for this program. We received reservations from 20 schools with a total of 764 students. This of course does not include all the schools that arrived without reservations. Lisa Bacon was the coordinator this year and did a wonderful job with the scheduling.

**Willow Creek Education** - No schools signed up for this program in the spring, but two programs with 40 students are taking place this fall. Additional docents are needed for this program.

**Youth Groups** - Three youth groups participated in projects/walks this season. 60 youth participants contributed almost 600 volunteer hours to our parks through service learning projects. At Armstrong they worked on washing and painting the benches at the Forest Theater, and spreading gorilla hair on the trails. At Sonoma Coast youth groups worked on a dune restoration project and a pampas grass removal project.

**Armstrong School Groups** - This year so far we have served over 3,000 students with reservations at Armstrong Redwoods. Docent-led tours were provided to 20 schools and over 850 students.

**Adult Tours at Armstrong** - Our adult tour program also has been busy this year. To date we have provided docent led tours for 37 groups and 350 adults.

### Volunteering: The Heart and Spirit of Armstrong Redwoods

Since its beginning in 1985, volunteers have represented the heart of Stewards of the Coast and Redwoods. A memorial fund is being dedicated to Pauline and John Gilbert, two of the founding volunteers at Armstrong Redwoods, who were responsible for establishing a Visitor Center in the grove almost 20 year ago.

Armstrong Redwoods is truly one of the most important and inspirational resources in our region for locals, as well as visitors. Armstrong Grove is the largest stand of old growth redwoods open to the public in Sonoma County.

- Over 3,000 school students visit Armstrong Grove each year. Many of them receive docent-led tours from our volunteers.
- Over 1 million visitors from countries all over the world visit our ancient grove of redwoods each year. Many enjoy our Saturday tours during the summer months.
- Over 100 volunteers donate their time and energy at Armstrong Redwoods by providing **Tours** for students and adults, staffing the **Visitor Center**, working with the **Trail Crew**, provide strategic planning - Friends of Armstrong Redwoods (**FAR**), maintaining cultural history projects such as **Pond Farm** Interest Group, making possible the **Old Grove Concert Series**, assisting with a variety of **Office Projects**.

A much larger state-of-the art Visitor Center, with expanded displays and space for educational experiences, is needed and is in the planning stages. Help make these dreams a reality.

### Leave a Legacy and Inspire Others

Make a donation to honor the founders the Volunteer Program at Armstrong Redwoods.

#### Pauline and John Gilbert Visitor Center Fund

May the spirit of their tireless dedication be passed on to future generations.

Contact the Stewards office for more information.

### 2006 Wine Donors

Chateau Souverain	Korbel	Ravenswood Winery	Wild Hog Vineyard
Clos du Bois	La Crema	Robert Mondavi Winery	Williams Seylem
Dry Creek Vineyard	Lake Sonoma Winery	Rosenblum Cellars	
Gallo of Sonoma	Matanzas Creek Winery	Tantalus Winery	
Paul Hobbs Winery	Quivira Vineyard	Trentadue	
Jordan Vineyard	Rashambo		

## UPCOMING EVENTS

### *Russian River Eco-Adventures*

#### **PADDLE AND HISTORY HIKE WITH OYSTER LUNCH**

October 14, 2006, 9 am to 2 pm. Jenner will be the meeting location.  
\$40 per person; includes docent-led paddle, hike, and BBQ oyster lunch.  
Kayak rentals – additional \$45, [www.russianriveroutfitters.com](http://www.russianriveroutfitters.com)  
Reservations required and participation is limited. (707) 869-9177, [stewards@mcn.org](mailto:stewards@mcn.org).  
Event benefits EcoRing and Stewards of the Coast and Redwoods.

Join Stewards for a unique opportunity to learn about the natural and cultural resources surrounding the Jenner Estuary. Suki Waters and George Zastrow will lead an exciting paddle and hiking excursion followed by a BBQ Oyster lunch at Goat Rock Beach. Experience birdlife, marine mammals, and the history of Penny Island. No paddling experience is necessary, instruction will be provided.

#### **WILLOW CREEK HIKE, GOURMET PICNIC, AND SPA TREATMENT**

October 27, 2006, 9:30 am to 4 pm. Occidental will be the meeting location with shuttle/carpool to trail head.  
\$150 per person; includes docent-led hike, organic lunch, and spa treatment ([www.osmosis.com](http://www.osmosis.com)).  
Reservations required by October 20 – limited to 14 participants (707) 869-9177, [stewards@mcn.org](mailto:stewards@mcn.org).  
Event benefits EcoRing and Stewards of the Coast and Redwoods.

Join Stewards naturalists for a guided hike in the Willow Creek watershed. Learn about the history of this magnificent new state park. Enjoy spectacular ridge top views, enjoy an organic gourmet picnic overlooking the ocean, and then treat yourself to a healing and rejuvenating spa treatment at Osmosis Day Spa Sanctuary in the historic village of Freestone. Spa treatment choices include a massage, facial, or cedar enzyme bath. Optional on your own: Enjoy the Occidental Farmer's Market, a very special small town experience.

#### **Willow Creek and Sonoma Coast Hikes:**

One of our docents leads hikes every Friday at no cost. Many of the hikes are at Willow Creek or along the Sonoma Coast. The hikes usually start at 8:30am and last most of the day. The hikes are usually 6-8 miles long and often include 1000' of gain. The pace, however, is moderate because the group often includes several photographers, a botanist and a birder. Hikers are requested to make an effort to stay together on the trail. You may get on the hike e-mail list by sending your request to Darlene LaMont at [calypsoli02@jimndar.net](mailto:calypsoli02@jimndar.net).

### *A Gala Dinner at the Bay to Benefit Stewards*

**October 7, 2006, 6:00 pm at Seaweed Café**

**\$200 per person - \$150 is tax deductible**

Travel with us back in time for an evening of history, art, and natural & organic foods and wine.  
An evening of mesmerizing storytelling with Breck Parkman, State Park Archeologist, and an exclusive slide show presentation by renowned nature photographer Jerry Dodrill.

The evening begins appetizers.

#### **Chef Jackie Martine presents food and wine pairings:**

*Tapenade & Tomato Tart Amuses Bouche*

*Quartet of Tomales Bay Oysters*

*Mini Shrimp Pot Pie*

*Apple Glazed Roasted Bodega Bay Halibut*

*Liberty Duck Breast with Baked Butter Beans*

*Alma Tierra Garden Greens and Coastal Cheeses*

*Prasline Cake & Bodega Goat Milk Cajeta*

*Korbel Champagne*

*Quivira Sauvignon Blanc*

*Williams Seylem Chardonnay*

*Paul Hobbs Pinot Noir*

*Wild Hog Zinfandel*

**Contact Stewards for reservations (707) 869-9177 or [stewards@mcn.org](mailto:stewards@mcn.org).**

**Special thanks to our sponsors:** *Seaweed Café, Breck Parkman, and Jerry Dodrill*

*Wineries: Korbel, Quivira, Williams Seylem, Paul Hobbs, Wild Hog*      *Food: North Coast Fisheries*

*Donors Claudia Lapin, Patti Paulson and Silva Diaz.*

## NEW MEMBERS

### **Individual- cont'd**

*Robert & Ellen Firth*

*Susan Gardner*

*Jerry Green*

*Johanna Hoagland*

*John Koebell*

*Rich & Sheryl Lawton*

*Jim & Elaine Mensching*

*Thomas Mosig*

*Gloria Maisbitt*

*Martha Ostrawski*

*John Perkins*

*Laura Roche*

*Roberta Schepps*

*Cathy & Dennis Schezer*

*Gary Stern*

*Robert Stone*

*Lorrain Stribling*

*Curtis Tipton*

*Michael Von Der Porten*

*Mike Roa*

*Betty Vess*

*Leslie Vivian*

*Valerie Watt*

*Reuben Weinzveg*

*Zeno Swijtink*

### **Senior/Student**

*David & Sheila Baker*

*Barbara Boysen*

*Herbert & Eric Callies*

*Peter Catlin*

*Patricia Cole*

*Felicity Day*

*John & Mary Del Monte*

*Ann & Emile Fortenberry*

*Steven Giovannoni*

*Norman Hallam*

*Anne Higgins*

*Charlotte Karotkin*

*Yvonne Kenner*

*Barbara Molini*

*John & Carol Norick*

*Roberta Paskos*

*Tom Pringle*

*Mason Richins*

Stewards members receive this quarterly newsletter with information about Sector parks, special events for members and opportunities for volunteering. Members are also entitled to 10% discount on purchases at *Stewards* run visitor centers and at special events.

VIP docents earn annual day-use passes.

Give a **GIFT MEMBERSHIP** to *Stewards* to a relative or friend.

### COMMUNITY SMART CARDS

are available from Stewards. Businesses who participate donate a percentage to our organization. To sign up go to [www.communitysmart.com](http://www.communitysmart.com) or contact the office.

## Stewards of the Coast and Redwoods

### Membership Form

Renewal

**YES**, I'd like to become a member.

- Senior/Student  \$20.00  
 Individual  \$25.00  
 Family  \$35.00  
 Contributing  \$50.00  
 Supporting  \$100.00  
 Business  \$100.00  
 Patron  \$200.00 plus  
 Osprey Circle  \$500.00 plus

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

I'd like to help with an additional donation of \$\_\_\_\_\_

Payment type: Check  Charge Card  Visa  MC  Total tax deductible donation \$\_\_\_\_\_

Make check payable to *Stewards*. Account # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Annual Renewal Date: February 1 Signature: \_\_\_\_\_

## Bequests

### Your Gift to the Future of State Park Volunteerism

With your help future generations will enjoy quality interpretation through "Volunteers in Parks" programs for many years to come. A gift to *Stewards* is the simplest form of giving from your estate. There are several types of charitable bequests by will (or beneficiary designation).

#### Sample:

I hereby give and bequest to Stewards of the Coast and Redwoods, a nonprofit organization incorporated under the laws of the State of California, with a principal address at P.O. Box 2, Duncans Mills, CA 95430, \_\_\_\_\_ percent of my estate, (or) the sum of \_\_\_\_\_ dollars, (or) the following assets \_\_\_\_\_.

Contact your legal advisor for further information. There are also other planned giving options for your consideration.

*For Information on contributing to Stewards' **Endowment for the Armstrong Restoration Project**, please contact Michele Luna at the Stewards office (707) 869-9177.*

**CALL 800-320-0476 TO MAKE A VEHICLE DONATION IN THE NAME OF STEWARDS OF THE COAST AND REDWOODS**

## Stewards of the Coast and Redwoods

PO Box 2, Duncans Mills, CA 95430

(707) 869.9177, FAX (707) 869.8252

[stewards@mcn.org](mailto:stewards@mcn.org), [stewardsofthecoastandredwoods.org](http://stewardsofthecoastandredwoods.org)



### COMPLIMENTARY NEWSLETTER FOR NON-MEMBERS

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