

STEWARDS of SLAVIANKA

Preserving the Redwood Coast

Volume XX, Number 3, Fall 2003



Interpretive Events for Nurturing and Knowledge

This issue of our newsletter is full of opportunities to learn about the flora and fauna in and around our State Parks. We are very pleased to be sponsoring these events to expand your knowledge and sense of stewardship for protecting our inspiring natural resources.

Hike, Paddle or Ride for State Parks

This annual event has expanded this year with the addition of equestrian rides, a mountain bike ride for the daring, and new walks led by notable park personnel. If you've always wanted to enjoy early morning birding on Bodega Head, join the walk on Sunday, September 14th with Ranger Dave Horvitz at 7:30am, which will be followed by a wonderful Archeology walk led by Breck Parkman, the State's Archeologist at 10:00am near Goat Rock. The usual paddle down the Russian River will again be led by naturalists who know and enjoy the fabulous Russian River. Details about all our events are listed on page 7 and registration forms can be downloaded from our website. (www.stewardsofslavianka.org), or call our office at (707) 865-0180. **This event is part of the Annual Russian River Celebration. Visit their website for all events. www.russianrivercelebration.org**

Advance Lecture Series with Ranger Jason Smith

An "advanced" series of lecture/slideshows will be offered this fall to Stewards/DPR volunteers and members to enhance their knowledge base. Topics will cover wildlife biology, animal behavior, wildlife identification/tracking, ecosystem components, etc.

Presentations are free and will take place on the 2nd Wednesday of the month from 5-6pm from October to March, inclusive (6 total). They will take place at the newly reopened Sonoma Coast Visitor Center in Jenner.

Topics will include: (Tentative)

October 8: Sexual Selection and Mating Systems or "Your Nest or Mine?"

November 12: Thermal Regulation or "What Are Goosebumps Anyways?"

December 10: Predators and Prey or "Eat or Be Eaten"

January 14: Migration Behavior or "Are You Gonna Go My Way?"

February 11: Sensory Perception or "Seeing is Believing or Is It?"

March 10: Strategies For Survival or "Live to Die Another Day"

All programs will be conducted using various media including sound files, video clips, pictures, graphics, and hands on applications when feasible. Registration is required by calling the Stewards office at (707) 865-0180 or emailing stewards@mcn.org.

Important information for members about voting for an organization name change is included in this newsletter. Please read the information provided by your board.

Mission Statement

Stewards of Slavianka (Stewards) works in partnership with California State Parks to protect and interpret the natural and cultural resources of the Russian River District.

CA State Parks Supported

Armstrong Redwoods State Reserve and Austin Creek State Recreation Area

Sonoma Coast State Beach including the Willow Creek Watershed

Salt Point State Park and Kruse Rhododendron

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www.stewardsofslavianka.org

MARK YOUR CALENDARS

Full Moon Walk at Armstrong	Sept. 10, 2003
Hike, Paddle or Ride for Parks	Sept. 13-21, 2003
Russian River Celebration	Sept. 13-21, 2003
Coastal & Russian River Cleanups	Sept. 20, 2003
Annual Membership Picnic	October 18, 2003
Night Hike at Armstrong	November 1, 2003
Annual Volunteer Celebration	December 5, 2003

*See page 7 for event details
Call (707) 865-0180 or
stewards@mcn.org for information*

Board Members

Leah Mahan, *President*
Silva Diaz, *Vice President*
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Kathie Lowrey, *Treasurer*
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VIP Program Coordinator

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Admin. Assistants

Annie Cresswell
Emily Luna

State Park Positions Funded by *Stewards*

Interpretive Specialist at Salt Point State Park

Chris Lods

Newsletter Staff

Michele Luna
Joy Schaber, *editing*
Kathie Lowrey, *editing*

Contributors

Leah Mahan
Amy Smith
Ranger Jason Smith
Bea Brunn
Rob Dickerson

EXECUTIVE DIRECTOR'S MESSAGE

Michele Luna



As you can see, this fall issue of our newsletter is arriving earlier than usual. The reason is that we wanted you to have plenty notice about our upcoming election and the events that we are inviting you to participate in during the months of September and October.

The summer has been a busy one with the fundraising events we sponsored and the re-opening of the Sonoma Coast Visitor Center in Jenner. We are especially excited about the fact that we recruited enough volunteers to keep the VC open at least 4 days a week (Friday through Monday). Our goal is to keep this VC open 7 days, year-round as we do at Armstrong. Let us know if you'd like to help us reach this goal. The volunteers at the VC love to be there. They say it's very nurturing for their spirit. Special thanks to our new coordinator, Evalyn Mutin who is handling all the scheduling of volunteers for us.

During the summer months we accomplished program assessments with some of our volunteers. We are working very diligently to incorporate new ideas and remedy any problems that we encountered this past year.

With the State Park reorganization we are being called upon to provide additional support for State Parks. We are taking over the scheduling of all school groups at Armstrong, whether they are led by our volunteers or not. With the reduction in State Park staffing and for logistical reasons we hope this will provide for more efficient delivery of service. All reservation forms are available on our website which should make things easier for us all.

Speaking of our website! Thanks to Ranger Jason Smith it has undergone a fabulous facelift and we invite you all to check it out. All volunteer forms are available through our site as well as information specific to members and volunteers. There is a photo section so you will be able to see slide shows about program activities. The graphics were done by our very own Chris Lods and we expect to be expanding the site on a regular basis. Some pages are still under construction so please check back so you can see how it's progressing and give us feedback!

We've also had good news about the renovation of our office building at Armstrong. The project will begin in just a few short weeks and we expect to be moving back in about 4 months.

We appreciate all your support throughout the year and hope to see you, or hear from you, in the months ahead as we wind up another successful year.

Elephant Seal

Continued from page 4.

different migrations. Male elephant seals travel 1,300 miles to the Aleutian Islands. During the months of December through February, the seals come out of the water for birthing and breeding.

In March we marked the elephant seal with an R1. On July 5th this marking told us that he had returned. He remained until August 20 (elephant seal molting season). During this time he was molting and was pretty inactive to the point that I was frequently asked if he was still alive.

Keep your eyes open this December for a male elephant seal with an R1 on his back above his hind flippers. This elephant seal is much larger than the harbor seals and he has a large inflatable snout. Elephant seals also flip sand on themselves with their front flippers to help regulate their body temperature.

Annual Membership Meeting and Potluck Picnic

Saturday, October 18, 2003

Armstrong Redwoods Group Picnic Area

10am - Guided Walk with Resource Ecologist, Brendan O'Neil - The future restoration plans for the Fife Creek Watershed & Armstrong Grove.

Noon: Potluck Picnic, (Plates, utensils and beverages provided)

12:45pm: Annual Meeting and Short Presentations by our Legislators and State Park Staff. Election results.

Followed by our Annual Raffle - Grand Prize Package: A Bohemian Rhapsody Getaway - Watch for details in the mail.

BOARD PRESIDENT'S MESSAGE

Dear Members,

Stewards members will have a chance to vote on a proposed name change at the Annual Membership Meeting on October 18th. The two choices are *Stewards of Slavianka* or *Stewards of the Coast and Redwoods*. Ballots are included with this newsletter, and members can mail them or bring them to the annual meeting.

Stewards Board of Directors has been researching the name change for over three years. A marketing survey was conducted that indicated the necessity for making this change back in 2000. Since then, marketing professionals have encouraged us to make this difficult decision. Your Board believes that the name change is necessary to attract additional resources in the form of members, volunteers, and donations. The Board is unanimous in agreeing to put the name change to a vote, and *Stewards of the Coast and Redwoods* is their choice for an alternative to Stewards of Slavianka. We are currently updating our brochures and literature so this is an opportune time to make the change and not incur additional administrative expenses.

PRO

The name *Stewards of the Coast and Redwoods* explains what we do and will more easily attract additional volunteers and donors. Most people have told us that when they first heard our name they either didn't have a clue who we were and what we did, or they thought we were a Slavic group. Our Board members have encountered frustration when volunteering hours of their time soliciting donations and sponsorships for fundraising events.

Having a Russian word in our name that refers to the Russian River can also be deceiving since our jurisdiction does not include the entire Russian River except at the confluence of Willow Creek and at the river mouth in Jenner. Stewards does not interpret the Russian heritage in our parks as they do at Fort Ross—we interpret the natural and cultural history in the state parks located in the Russian River sector, the coast and redwoods. Over the years we have become much more involved with programs along the entire coast and at Armstrong Redwoods, which our current name excludes. *Stewards of the Coast and Redwoods* says exactly what we do. Keeping the word "Stewards" maintains the essence of our work and supports our vision to encourage stewardship for our precious natural resources with everyone we encounter. We will maintain a byline that clarifies our focus in the Russian River sector State Parks.

CON

Arguments against changing our name include: losing our hard-earned name recognition, not remembering that our organization started with the protection of the harbor seals at the mouth of the Russian River, and forgetting the founders who took time to come up with just the right name for the organization they started back in 1985. The need to explain our name provides a great opportunity to talk with those who are interested and explain our background and our work in State Parks. Stewards will incur administrative costs associated with updating our printed materials and marketing our new name now that we've achieved a certain amount of recognition in the community in the past few years. The name Stewards of Slavianka is unique and certainly not boring.

Your Board of Directors strongly recommends your vote for the new name **Stewards of the Coast and Redwoods.**

Sincerely,

Leah Mahan, Board President

CAL REPORT

Rick Royer, Cooperating Association Liaison and District Volunteer Coordinator

State Park Reorganization, the North Bay District

As of July first, we are no longer the Russian River District. We have combined with the Marin District to become the "North Bay District". The North Bay District consists of the Russian River Sector, the Marin Sector and the Angle Island Sector. The North Bay District Superintendent is Joe Mette and the Russian River Sector Superintendent is Michael Stephenson. The official move from our present district office location to Petaluma is still planned for after the first of the year. The Russian River Sector office will likely be located on the new Carrington property. We are not sure if any other changes will be in the works for the next fiscal year.

Event Sponsors

Duck Race Donors

*Glass Images
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Osmosis
People's Music
River Mist
River Reader
River Wolf
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Touch of Greene
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Clover Stornetta Farms
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Gary Edwards - The
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Foxtail Golf Club
Freeman Toyota
Ina Bee Grill and Bar
The Kaepernicks - Hilmar
Cheese Co.
Dan Lightfoot
John Metzger
Mondavi Winery
Nevada Bob's Golf Shop
Screamin' Mimi's
Russ Nishikawa
Oakmont Golf Club
Paolini's Mens Wear
Rooster Run Golf Club
Sonoma Nat'l Bank
Tantalus Winery
Patricia Webb DDS
Windsor Golf Club*

Banana Slug Donors

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Epiphany Music
Gene Gaffney Insurance
Guerneville Graphics
Luther Burbank Center
So. West Times & News
Sprint in Sebastopol
Sonoma Cty Water Agency
The KRUSH 95.9

DONORS

2001-2003

Foundations

American Rivers/NOAA
City of Santa Rosa
FishAmerica/NOAA
Restoration Program
Fisherman's Festival
Allocation Committee
Russian River Watershed
Project - Prop. 13
Sonoma County
Community Foundation
California State Parks
Foundation
Medtronic Foundation
Project Aware

Corporations

ChevronTexaco
Mendocino Redwood Co.
Omware, Inc.
Santa Rosa Community
Market
Summit State Bank
Washington Mutual Bank

Individuals

\$500 or more
Joan Bacci
Susan Barreto
Terry Grant
Laura Morgan
Jean Schulz
Michael Sohigian
Timothy Temple
Brian Tuller & Thomas
Mountain

OUR ELEPHANT SEAL IN JENNER

Amy Smith, Seal Watch Beach Coordinator

Thanks to everyone for another successful Seal Watch season! By early July there were 400+ seals! It has been wonderful to work with longtime Seal Watchers and to train the many new recruits we gained this year.

Many Seal Watchers spent a good deal of time this year watching an entirely different type of seal – a **male northern elephant seal** (*Mirounga angustirostris*). The juvenile male elephant seal arrived at the Jenner haulout on December 24, 2002 and remained there until March 23, 2003 (during elephant seal breeding season). For the first week or so he was laying right among the harbor seals. However, then he began chasing them and by the end of January there were no harbor seals at the Jenner haulout at all! The elephant seal was the only seal at the Jenner haulout until his departure on March 23 when the harbor seals returned.

Elephant seals are the largest in size of all pinnipeds in the world and were hunted to the brink of extinction by the early 1900's. Following hunting bans in the 1920's elephant seal numbers began to increase at the rate of 6-8% per year. In the 1970's elephant seals returned to Point Reyes after being absent for over 150 years! The population at Point Reyes is now over 2,000 and growing.

Northern elephant seals spend 80% of their time at sea and 90% of that time underwater where they feed at great depths of 1-2,000 feet. There is little competition for food at these depths so the elephant seals can feast on squid and octopus. Interestingly, male and female elephant seals have completely

Continued on page 2.



ARMSTRONG REDWOODS STATE RESERVE & AUSTIN CREEK STATE RECREATION AREA

Luther College Holds Secrets of Marguerite Wildenhain's Life

Ranger John Kolsrud (Armstrong/Austin Creek SRA)



In June I was very fortunate to visit my family, friends and also see the works of Marguerite Wildenhain.....in Iowa! While planning my vacation to the Midwest, I was able to connect with Luther College, (Decorah, IA) employee Jane Kemp, Supervisor, "Fine Arts Collection Circulation-Reference Librarian".

This was my second visit in the past two years to see the Wildenhain works. Last year I viewed painting by Franz Wildenhain exhibited in the library hallway but was unable to connect with staff before the summer break. This trip was special. A short morning drive through northeast Iowa and we met Ms Kemp at her library office on the beautiful burl oak studded campus. Ms Kemp took my wife Vicky and I to the inner sanctum of the library and behind the locked doors to view drawings, paintings and pottery.

We viewed donated works by Marguerite's students from the Pond Farm era. There were 27 former Luther College students at Pond Farm. We saw hanging charcoal drawings of Marguerite as a model for her former mentor Gerhard Marcks. The collection at Luther College dates back to 1970 as Marguerite offered it as part of a larger collection. She had visited Luther College on numerous occasions to give lectures and seminars. One of her early students Dean Schwarz, a Luther teacher, was instrumental in the Pond Farm/Luther College connection.

As we left the great pottery works and drawings behind, Jane Kemp gave us some of her publications about the collections and the upcoming fall exhibit of Marguerite's students donated works. She also told us of Dean Schwarz's pottery school southwest of Decorah. We drove out to meet this very important ex Pond Farm student-turned art teacher, but after viewing the 3 story art school, were unable to find him. We did meet his son whom had one of his father's works that caught my eye as we strolled past his business.

It was great to find out more about Marguerite's students, her friends (some still alive) and her influence upon this little Iowa college town. I plan to visit Decorah again and investigate more about the students of Pond Farm.

OUR PLANETS

Ranger Jason Smith, Sonoma Coast

Mercury: The Sun would look almost three times as large as it does from Earth. A single “day” on Mercury — the interval from sunrise to sunset — lasts 88 Earth days, and the night lasts 88 days more. When Mercury is closest to the Sun, it moves so quickly that for a time the Sun appears to move backward in the sky. Mercury flies along in its orbit at an average speed of 29 miles per second — faster than any other planet. Because Mercury is so close to the Sun, noontime temperatures soar to 700 degrees Fahrenheit (370 C). But because it has almost no atmosphere to hold in the heat, temperatures plummet to almost 300 degrees below zero (-185 C) at night.

Venus: The second planet from the Sun, is the hottest world in the solar system. It is blanketed by a thick atmosphere that heats its surface like the inside of a greenhouse with temperatures at the surface reaching almost 900 degrees Fahrenheit (480 C). Thick, high clouds make the Sun just a yellow-orange smear of light, if it is visible at all. Although the gravity on Venus is about the same as on Earth, the weight of the atmosphere would crush you (90 times that of Earth). Also, the Sun rises in the west and sets in east on Venus.

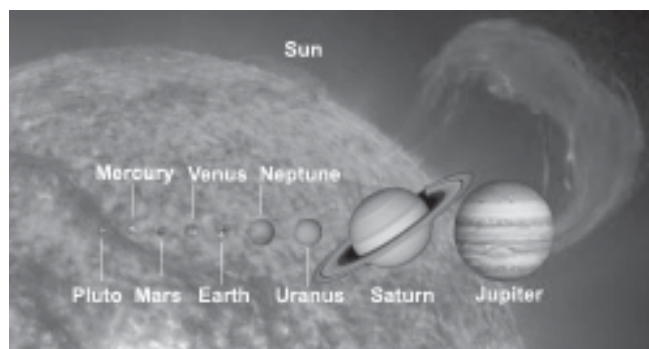
Earth: A huge variety of living things populates Earth — plants, birds, fish, mammals — while not even one living organism has been found on any other planet or moon in our solar system. By watching the sky, you can see changes in Earth’s atmosphere, as clouds form and move, rain falls, and lightning strikes. Water droplets in the atmosphere produce rainbows when sunlight passes through them at the proper angle. People in the far north and south can see fantastic displays of light called aurora, caused by energetic particles from the Sun trapped in Earth’s magnetic field. In Earth’s night sky, you can look out through the atmosphere and see stars and galaxies many trillions of miles away. You can see the Moon, our own companion world, and you can look at all the other planets in our solar system.

Mars: Mars looks red because iron in its surface soil long ago reacted with the tiny amount of oxygen left on Mars, making rust. Its surface is marked by ancient volcanoes and a “grand canyon” that’s as long as the United States is wide. The largest volcano, Olympus Mons, may also be the largest volcano in the solar system. It towers 17 miles (27 km) above the surrounding desert. The base of Olympus Mons would cover the state of Missouri.

Jupiter: If you fell through the atmosphere, the mounting atmospheric pressure and temperature would eventually crush or melt any human or machine. Jupiter is the largest planet in the solar system. In fact, it is more massive than all the other planets and moons in our solar system combined. Because of Jupiter’s fast rotation rate, the clouds form bands of different colors, making Jupiter look like a striped beachball with a big red spot in its southern hemisphere — a hurricane-like storm that is big enough to swallow two Earths.

Saturn: Strong winds on Saturn stir the atmosphere and would certainly tear apart any living thing. If you could get through Saturn’s clouds and survive the crushing atmospheric pressure, you would find a world without any solid land. An ocean of liquid hydrogen, thousands of miles deep, completely covers the planet’s solid core. If you dropped deeper into the atmosphere, clouds would blot out the view of the Sun and Saturn’s beautiful rings. Measured from edge to edge, Saturn’s rings span about 600,000 miles (one million km), or two-and-a-half times the distance from Earth to the Moon. Saturn’s rings are made of ice and rock. They are not solid, but consist of small bits of frozen material in a layer just a few thousand feet thick.

Uranus: Day and night on Uranus would be very different from what we experience on Earth. At the north or south pole, “winter” would last for 42 years, and the Sun would not be



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How to Volunteer for VIP Programs

Call the VIP office at 865-0180 or email, volparks@mcn.org

Program Activities

Armstrong Redwoods

*Visitor Center Staffing
Nature Walks
School Programs
Trail Maintenance
Habitat Restoration Project
Pond Farm Interest Group*

Sonoma Cst State Beach

*Visitor Center Staffing
Seal Watch
Whale Watch
Tidepool Programs
Watershed Programs*

Salt Point State Park

*Visitor Center Staffing
Nature Walks
School Programs
Junior Ranger Program*

Other Projects

*Recycling & Firewood
Office Help & Events*

Volunteer Program Coordinators

Joyce Bacci, ARVC
Lanny Keyston, AR Trails
Joan Bacci, AR Restoration
Laura Parent, Pond Farm
Evalyn Mutin, Jenner VC
Amy Smith, Seal Watch
Bea Brunn, Whale Watch
John Cole, Recycling
Ginny LaVine Barrera,
Willow Creek Education
Rob Dickerson, CAT
Dawn Kline, Marine Debris
Sandy Horn, Tidepool Prog.
VACANT, Tidepool Roving

State Park Volunteer Coordinators

Ranger John Kolsrud,
Armstrong/Austin Creek
Ranger Jason Smith,
Sonoma Coast State Beach
Ranger Karen Broderick
Salt Point State Park

NEW MEMBERS

Special Gifts \$500

Jim and Lynda Allen

Summit State Bank

Terry Davis

Business \$100

Hernandez Realty Co.

Mendocino Redwood Co.

Supporting \$100

Peggy & Churchill Colbern

Marcia Muller

Temple & June Smith

Roger & Irene Stewart

Contributing \$50

The Bannisters

Norah Barr

Joleen Bear

Fred Cresswell

Claudia Esparza-Mudgett

Cliff & Pat Hansen

Charles Hass

Bill & Beth Hearn

Charles Kuhn

Larks Drugs

Billy LaFreniere

Jo and Don Pettit

David & Carolyn Schaal

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Telpher & Patsy Adams

Scott Adams

Tarja Beck

Debbie & Alan Bell

Bruce Bell

Ann & Robert Blacker

Bill and Ann Chambers

Clayton & Corzilius Family

Linda Curry

Terry Dale

Juanita Davidson

Beverly Edge

Bob and Marge Foulks

Anil Gangolli

Valerie Hanelt

Pete Hulsman

Deb & Jim Kamradt

Alan Kay

Warren & Barbara Levinson

Kathy & Dennis Massara

Mr. & Mrs. Quibell

WILLOW CREEK CITIZEN ACTION TEAM (CAT)

Rob Dickerson, CAT Coordinator

The dedicated volunteers of the CAT continue to perform water quality monitoring on a weekly basis at three locations on Willow Creek. So far the data suggests the creek is healthy from a water quality perspective.

On a separate path, the Technical Advisory Committee (TAC) is working hard to develop an Integrated Watershed Management Plan. The TAC includes Stewards representatives as well as members of federal and state agencies, and public interest groups. The TAC is focusing on what steps to take to remove the fish barrier that exists at the second creek crossing upstream of the Russian River, grazing issues and whether it is a worthwhile effort to help the creek reestablish a natural channel or just let nature take care of itself. Public input meetings will most likely be held in early 2004.

In any case, the Willow Creek restoration effort is not a simple one. Human impacts have caused both positive and negative impacts on the stream. The monitoring team and the TAC are dedicated to protecting this valuable resource and take pride in the accomplishments we have made to date. Remember, we all live downstream in the basins of relations.

Volunteers interested in participating in this effort are encouraged to participate in training and should call the Stewards office for further information.

(Editor note: Special thanks to Rob Dickerson, Sara and Dan Penn, Nancy Vaughn, Fred Luna and Bill Bambrick for their dedication to CAT.)



WHALE WATCH

Bea Brunn, Whale Mother

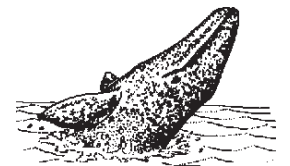
This is a quiet time for Whale Watch and I hope you all had a good summer.

The only thing I have to report is that Richard and I took a trip to Santa Barbara in May with the American Cetacean Society to look for humpback whales out to the Channel Islands. Norma Jellison also took a trip with the American Cetacean Society in July to look for blue whales. Both of our trips were beyond our wildest expectations.

Our annual boat trip this year will be on Sunday, September 28 and once again will be from San Francisco out to the Farallone Islands.

We are gearing up for our next Whale Watch season at Bodega Head. Our orientation will be Saturday, November 8 at the Grange Hall in Bodega Bay. You will be getting the usual flyer.

I am looking forward to seeing you all there.



OUR PLANETS

Continued from page 5.

visible at all during that time. The Sun becomes visible again at the "spring" equinox and remains in the sky for another 42 years. Unlike the other planets in our solar system, Uranus spins sideways. It may be that, long ago, Uranus was hit by some large object that knocked the huge planet on its side.

Neptune: Winds rip through the atmosphere at hundreds of miles per hour. You could not see the Sun, stars, or any of Neptune's moons through the thick cloud cover. Pluto is not always the farthest planet from the Sun. Because of Pluto's unusual orbit, Neptune was farther from the Sun from 1979 to 1999.

Pluto: Pluto is the smallest planet — smaller even than our own Moon. You could see Charon from only one side of the planet, because the moon's orbit around Pluto takes just as long as one day on the planet. Thus, the moon always remains "over" the same spot on Pluto's surface, and the same side of the moon always faces. The Sun is so far away it would look like a bright dot in the sky — the brightest star visible. Pluto's orbit is more elliptical, or stretched out, than the orbit of any other planet. On average it lies 39 times farther from the Sun than Earth does.

SPECIAL EVENTS

Hike, Paddle or Ride for State Parks

The fee for one event is \$15, for two events is \$25 and for three events is \$35 and includes an event gift of your choice. Participants who choose to collect pledges will qualify for entry into a prize drawing and the participant who collects the most pledges over \$300 will win a kayak donated by Marin Outdoors.

Visit our website for event information and registration forms.

www.stewardsofslaviana.org

Activities Include:

- Sat., Sept. 13, 2003, 9:00am Russian River Paddle from Duncans Mills** (Easy-Moderate),
Add'l \$20 for kayak rental. (Many naturalists will accompany the group) View numerous water fowl, river otters, blue heron and osprey nesting areas. Go from Duncans Mills and back again or all the way to Jenner. Kayaks and shuttle service available.
- Sun., Sept. 14, 2003, 7:30am-9:00am Bodega Head Nature Hike** (Easy)
Meet at Campbell Cove and hike to Bodega Head enjoying the morning birdlife, surrounding ecosystem, scenic bluff trail and other surprises. Naturalist: Ranger Dave Horvitz
- 8:30am-12:30pm Willow Creek Mountain Bike Ride** (Strenuous)
Meet in Duncans Mills for an invigorating ride up to 1400 feet and enjoy views of the Willow Creek watershed. Bring water and helmet.
- 10:00am- Noon Archeology Coast Hike** (Easy)
Meet at Shell Beach for a wonderful hike on the coastal trail where tidbits about the history of Sonoma Coast will be revealed - including the mammoths. Naturalist: State Park Archeologist Breck Parkman
- Wed., Sept. 17, 2003, 11:00am-2:00pm Armstrong Equestrian Ride** (Moderate)
Pool Ridge Trail ride through the redwoods, woodlands and up to an expansive ridgetop view. Call for details. Add'l \$50 for horse rental. Naturalist: Laura Ayers
- Fri., Sept. 19, 2003, 10:00am-noon Armstrong Grove Hike** (Easy)
Meet at the Visitor Center. Take a leisurely hike through the magnificent redwoods & learn about the history of the Grove. Naturalist: Lanny Keyston
- Sat., Sept. 20, 2003, 9:00am-1:00pm Armstrong Redwoods Pool Ridge Trail Hike**
(Moderate - Strenuous) Meet at the Visitor Center. A plant ID hike through diverse ecosystems from redwood to chaparral. Naturalist: Norman Hill
- Sun., Sept. 21, 2003, 2:00am-4:30pm Armstrong Equestrian Ride** (Moderate)
Pool Ridge Trail ride through the redwoods, woodlands and up to an expansive ridgetop view. Call for details. Add'l \$50 for horse rental. Naturalist: Laura Ayers

Event sponsors include: Marin Outdoors, Westamerica Bank, Guerneville Graphics, Russian River Outfitters, Lotus Kayak Rentals, Sonoma West Times and News, The KRUSH 95.9, Mr. Canoe Paddlesports, Buffalo Direct, Russian River Chamber, Bodega Bay Kayaks and Duncans Mills Merchants.

Back by Popular Demand!!

Night Hikes at Armstrong with Cathleen Cannon

Meet in the VC parking lot. Young people 10-18 need to be accompanied by an adult. Space is limited so call 865-0180 to register.

Full Moon Hike, September 10, 2003, 7:30-10:30

\$7.00 per person.

Night Hike with Black Lights, Nov. 1, 2003, 6-9pm

\$10 per person.

Come on out for the Sonoma Coast State Beach Campfire Programs!!

Saturday evenings through September at the Bodega Dunes Campfire Center between 8 and 8:30. Call 875-3483 for topics and exact start times.



FAMILY - CONT.

Rutemoeller/Ittner Family
David Shatkin
Ruth Szilagyi
Martin & Susan Tierney
Gilbert & Florence Van
De Water
Ken & Victoria Wikle
Wendy Wiley
Jurgen Woelke

Individual

Alan & Christine Aitken
Janet & Gary Bradford
Nancy Burrage
Carol Farnes
Jennifer Harris
Jackie Kenilvort
M. C. Key
Carolyn Losee
Forrest Merrill
Sandra & Harlan Proctor
Greg Schuessler
Jo Ann Triebel
Francis Tymauer
Paula Wershiner

Seniors/Students

Mirabai Baker
Jerry Bender
Mae Bragen
Donald & Anne Clodfelter
Bob Cortelyou
Melvin Ehlers
Harold Einhorn
Barbara Fletcher
Stuart Floyd
Nancy & Howard Gilliland
Adele Harrison
Frank Kimper
Mary Koski
Marilyn Jasoni
Roger & Marilyn Maslin
Walter & Mildred Magnuson
Shirley Mitchell
Judith Mroczek
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Shahbaz Samii
Phyllis Schmitt
Janice Stenger
Kenneth Sullivan
Rebecca Work
Betty Vess

Coastal Cleanup Day Russian River Watershed Cleanup September 20, 2003

Volunteers are needed on 9/20/03 for the Annual Coastal Cleanup and the Russian River Watershed Cleanup Day. Stewards and State Parks is supporting a Penny Island Cleanup by transporting the garbage taken off the island.

Contact Information:

Coastal Cleanup - www.coastforyou.org
Russian River Watershed Cleanup -
www.russianrivercleanup.org
Penny Island Cleanup - Suki Waters
Wtrwngz@aol.com

Where does our name come from?

"Slavianka" was the Russian name given to the Russian River by 19th Century settlers at Fort Ross; it means "little Slavic maiden."

Stewards members receive this quarterly newsletter with information about the District's parks, special events for members and opportunities for volunteering. Members are also entitled to discounts on purchases at Stewards run visitors' centers. VIP volunteers earn annual day-use passes.

Consider giving a **GIFT MEMBERSHIP** to *Stewards* to a relative or friend. Use the form on this page as a guideline and let us know who the gift is for and from. We'll send a note to the recipient letting them know they have received this special gift from you.



Stewards of Slavianka
 P.O. Box 221
 Duncans Mills, CA 95430
 707.869.0180
 707.869.0190 FAX
 stewards@mcn.org
 www.stewardsofslavianka.org

STEWARDS of SLAVIANKA

Membership Form

Renewal

YES, I'd like to become a member.

- Senior/Student \$15.00
- Individual \$20.00
- Family \$25.00
- Contributing \$50.00
- Supporting \$100.00
- Business \$100.00
- Patron \$200.00 plus
- Special Gift \$500.00 plus

Name(s) _____
 Address _____
 Phone _____
 Email _____

I'd like to help with an additional donation of \$_____

Payment type: Check Charge Card Visa MC Total tax deductible donation \$_____

Make check payable to *Stewards*. Account # _____ Exp. Date _____

Annual Renewal Date: February 1 Signature: _____

Bequests

Your Gift to the Future of State Park Volunteerism

With your help future generations will enjoy quality interpretation through "Volunteers in Parks" programs for many years to come. A gift to *Stewards* is the simplest form of giving from your estate. There are several types of charitable bequests by will (or beneficiary designation).

Sample:

I hereby give and bequest to Stewards of Slavianka, a nonprofit organization incorporated under the laws of the State of California, with a principal address at P.O. Box 221, Duncans Mills, CA 95430, _____ percent of my estate, (or) the sum of _____ dollars, (or) the following assets _____.

Contact your legal advisor for further information. There are also other planned giving options for your consideration.

For Information on contributing to *Stewards'* **Endowment for the Armstrong Restoration Project** please contact Michele Luna at the *Stewards* Office (707) 869-9177.

**CALL 800-320-0476 TO MAKE
 A VEHICLE DONATION IN
 THE NAME OF
 STEWARDS OF SLAVIANKA**

Return Service Requested

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